

7.2.1 Describe two best practices successfully implemented by the institution as per NAAC format provided in the Manual

Response:

Best Practice 1:

Title of the Practice: Social Out reach programs.

Objectives of the Practice: Sensitize the students on social causes and issues to instill a strong culture of social responsibility among them and thereby create a positive and productive environment where they can thrive.

The Context

- Wayanad is one of the most backward districts of the State of Kerala. It is hardly 50 years since Modern Civilization began to set in Wayanad. Previously, almost 80% of the population comprised of tribal communities. The settlers who came up from the southern parts of Kerala were mostly agriculturists who had to brave their life and cultivation against the unfavorable climate, wild animals and limited infra-structure facilities.
- Most people are still poor and need assistance: economical, educational, medical and skill sets. There are several old age homes and poor homes where people are neglected by their families due to lack of means to look after them. The Upcoming generation needs to be sensitive to these people who once toiled hard to build up the agricultural lands and infrastructural facilities. This sensitiveness would make them appreciate hard labour and indulge in humanitarian activities.

Out- reach Programs

- Social outreach program was introduced in the college to bring home to the minds of the students a change of attitude towards the helpless abandoned people.
- Every year, all the students of the college get an opportunity to spend a day with the elderly and children who are kept in Old age homes and Children's homes in the district of Wayanad respectively. Students spend their day with the inmates interacting with them, cleaning and washing their rooms and premises, washing clothes, bathing the elderly, and cooking food for them. The students organize cultural programs and games and make them happy

with gifts. All the expense for the day is contributed by the students themselves.

- The Out-reach program mentioned above is well planned and included in the College Calendar. Every class gets an opportunity to engage in this outreach program. The college gives one day off from all class requirements on this day. The program is arranged early with necessary permissions and the class teacher is in charge of the whole conduct of the program
- Evaluation is done after every program as they come away for the site. Experiences are shared, reflections and learning are noted.

Other related activities

- Conduct free medical camps in collaboration with NGOs.
- Blood donation camps in the Campus.
- Relief and rehabilitation programs during the Kerala Floods. 2018 &2019
 - Collection and distribution of relief materials worth a crore.
 - Repair and maintenance of electrical damages in flood hit households.
 - Psycho-social support to children in relief camps
 - Building of houses for those who lost their houses
- Covid-19 related activities, distribution Food kits, medical kits, Pulse Oximeter, psycho-social support, Volunteer service at District Hospitals and health care centers.
- Protection and preservation of Forests and Wildlife.
- Adoption of Tribal village near the college.

Evidence of Success

- The social outreach programs inculcated among the students an empathetic attitude towards the sick, aged and disabled people. This was noticed during the Covid-19 pandemic times when the students on their own volunteered in their own areas to render service in collaboration with the health department. The District Administration and the **Police Department awarded** our students with certificate of recognition.

- Students are now more interested in nature preservation and environmental protection activities. During the Lock down, they took keen interest in keeping their own land free from water clogging, prevent mosquito breeding, planting and nurturing of plants and trees. The students got **Green District Champion Award** from the Central Government for their green and Swachhta initiatives.

Problems Encountered and Resources Required

- Time constraint.
- Fund raising
- Lack of adequate conveyance facilities

Best Practice 2

Title of the Practice: Daily Morning Assembly

Objective of the Practice: To instill into the students fear of God, social and ethical values, and personal growth.

The Context

- Youth is a time when the young are restless and confused. The influence of social media, temperaments of their age, lack of sufficient family attention and social disturbances affects the youth in their attitude towards themselves, others, society and the world.
- The youth is a time when they are in their best of learning and experiencing. They look for guidance, role models and encouragement in dealing with their tasks, relationships, mental confusions and conflicting social values.

The Practice

- Morning Assembly is done every day as the first activity of the college. Time is set aside in the timetable of the day and all the students and staff members are expected to attend the same. After a brief all-faith prayer, a well prepared message is given for the day by the Principal or one of the Staff members. The list of teachers to give the morning talk is displayed on

the staff notice board. The talk is based on relevant issues concerning the student community.

Evidence of Success

The Daily Assembly is one of the most regular activities in the college timetable. It is also one of the most appreciated activities as mentioned by the outgoing students. Students feel comfortable and feel good as all the staff and students gather at one place before any other activity. Common announcements and appreciations are done during this time. Students who attend the morning assembly gets to know all that is happening in the campus. The messages given during the assembly are apt for the youth and serves as a guideline in their lives.

Problems Encountered and Resources Required

- It is not possible for all the students to arrive on time for the Assembly as 90% of the students depend on local transport. As a result some students always miss the daily assembly.
- The new students need to get accustomed to the morning daily assembly of the sort as it is not a practice in most of the schools where they come from